

Children's Mental Health & Well-being Advisory Committee

December 5, 2017 – 10:00 am to 3:00 pm

Polk County River Place, Room 1A

2309 Euclid Ave, Des Moines, Iowa

MEETING MINUTES

Children's Mental Health & Wellbeing Advisory Committee Members Present:

Amy Shriver (*Blank Children's Hospital*)
Anne Gruenewald (*Four Oaks*)
Dennis Bush (*County Supervisor, Cherokee County*)
Kathy Thompson (*Iowa Courts*)
Kim Scorza (*Seasons Community Mental Health Center*)
Kristina Richey (*Crossroads Creston IHH*)
Marcus Johnson-Miller (*Department of Public Health*)
Michele Tilotta (*Department of Public Health*)

Renee Speh (*Coalition for a Children's Mental Health Redesign in Iowa*)
Rick Shults (*DHS-MHDS*)
Scott Hobart (*Chief Juvenile Court Officer, Scott County*)
Shanell Wagler (*Early Childhood Iowa*)
Tammy Nyden (*Coalition for a Children's Mental Health Redesign in Iowa*)
Wendy Rickman (*DHS, Adult, Child, and Family Services*)

Committee Members Absent:

Bob Lincoln (*MHDS Region CEO, CSS*)
David Tilly (*Department of Education*)
Erin Drinnin (*United Ways of Iowa*)
Krista Moellers (*Youth member*)
Lynn Bopes (*Eastern Iowa MHDS*)
Phyllis Hansell (*DHS Council*)

Steve Seid (*Clarke Community School District*)
Susan Christensen (*District Judge, Fourth Judicial District*)
Vickie Miene (*The University of Iowa*)

Other Attendees:

Jerry Foxhoven
Rhonda Rairden-Nelson
Deb Bush
Deanne Cook
John Stoebe
Kent Olms
Hannah Beach
Jason Haglund
Gerri Bug
Mike Hines
Sandi Hurtado-Peters
Jennifer Boedis
Tom Cope
Kristie Oliver
Senator Liz Mathis
Teresa Bomhoff

Director of the Department of Human Services
Iowa Department of Public Health

United Ways of Iowa
University of Iowa Health Clinics
Legislative Services Agency
Legislative Services Agency

YSS

YSS

Tanager Place

Iowa Department of Management

Blank Children's Hospital

Orchard Place

Coalition for Family and Child Services

Iowa Senate

Iowa Mental Health Planning Council/NAMI Greater Des Moines

Iowa Mental Health Planning Council

Anna Killpack

Liz Cox	Prevent Child Abuse Iowa
Julie Dalrympk	Prevent Child Abuse Iowa
Marian Woods	Casey Family Programs
Carlye Mellman	Amerigroup
Bob Rafferty	Tanager Place
Sandi Conlin	Tanager Place/Iowa Medical Society
Jon Murphy	Orchard Place/United Ways of Iowa
Chaney Yeast	Blank Children's Hospital
Mary Nelle Trefz	Child and Family Policy Center
Lonna Herteen	Blank Children's Hospital
Joan Hansen	Area Education Agency
Jean Drey	Seasons Center
Laura Larkin	Department of Human Services

Welcome and introductory remarks

Rick Shults opened the meeting by welcoming the workgroup members and public and led introductions. Director Foxhoven thanked the committee for their work and said that children touch several systems and now is the time to look at what we can do for kids struggling with mental health needs. Director Foxhoven charged the committee to design a children's system with an explanation of why a children's system is a priority and provide an estimate of the cost of a children's system with justification for the investment.

Children's Well-being Collaboratives Presentations

Seasons Center

Jean Drey introduced herself and thanked the committee for having her present. Jean said that their Collaborative is covering nine core counties but with a federal grant they were able to expand to 19 counties in northwest Iowa. Jean said all the counties in their catchment area are rural except for Woodbury. Jean presented a handout and reviewed the key activities they have engaged in including having an initial advisory committee meeting, beginning the development of an assessment, reaching out to schools, and holding respite activities. Jean said one item that was an identified need in previous meetings related to crisis services was parent education with the opportunity for respite services at the same time.

There was discussion on the importance of building relationships with primary care doctors and how valuable it is to market their services to the medical community.

Anne Gruenewald asked if there were any unexpected experiences when forming their collaborative. Kim Scorza said the system is built on personalities and finding the right leaders and champions to come to the table was crucial.

Prevent Child Abuse Iowa (PCA)

Liz Cox introduced herself and thanked the committee for having her present. Liz said that PCA covers three counties in southeast Iowa and their main goal is to create connectivity across systems. Liz said that their collaborative is using Kotter's 8 steps of change model to create community change and has gathered information from the ACES collaborative. Liz said they plan to train teachers in mental health first aid and identify screeners to be used in schools. Liz said PCA was awarded a grant from an advertising federation for their public awareness campaign which they are willing to share with the other collaboratives.

There was discussion on the importance of school involvement especially in rural areas and appreciation for PCA's work with schools in their catchment area.

YSS

Jason Haglund introduced himself and thanked the committee for having the collaboratives present at their meeting. Jason said their collaborative is covering six counties in central Iowa and has a smaller advisory group but is also holding large group meetings. Jason said that one of the things they discovered at a large group meeting is a lack of knowledge about available resources. One of the tasks their group will be looking at is developing a resource guide or finding an existing resource guide that can be easily accessed. Jason said they are also looking at marketing and how to effectively distribute information and have cross-system collaboration.

There was discussion on the importance of effective care coordination and including all service providers in the communication loop.

Public Comment

Teresa Bomhoff said there are things going on in legislation that may impact the progress of the committee. Teresa encouraged the committee to take a stand on what's being proposed for cost containment specifically related to systems of care programs.

Liz Cox suggested the committee encourage state legislators to have a state resolution that Iowa is a trauma informed and resilient state.

Anna Killpack said that she lives in a rural area and getting her son through school was the hardest thing they had to endure. Anna said they couldn't have gotten anywhere without the cooperation of the school which allowed her son to go to a therapeutic school in Council Bluffs. Anna encouraged the committee to look at the Heartland Family Service model and bring parts of it to the public schools which would require buy in from the Department of Education. Anna said children cannot learn if they are not well and mental health is handled differently in schools than a physical illness is treated and this needs to stop.

Lonna Herten from Blank Children's Hospital said the committee is on the right track and encouraged them to continue to focus on education and more training at schools. Lonna said it is important for the state to fund mental health services and providers need adequate rates.

Deb Bush encouraged the state to look into corporations helping to fund a children's system because they are concerned about the safety of children. Deb said corporations are interested in connecting with their communities which includes holistic care. Deb said that grant programs work but only if they can sustain after the grant money is gone.

The committee broke for lunch at 12:00pm and reconvened at 1:13pm

Continuation of the discussions regarding a Children's system

The committee discussed and formulated a preliminary draft of their scope for a children's system.

Children's System Scope

1. Age range 0-18 + an effective handoff for transition age youth
2. Maximize mental health and well-being across all systems:
 - a. Juvenile justice, child welfare, primary care (check systems from report)
 - b. A holistic approach that addresses social determinants for a culture of resiliency

3. Individual's access to full continuum of care, care coordination, identification, assessment, service utilization, and effective follow up
4. Consumer friendly, family driven, youth guided, two generation approach, cultural competence
5. The system addresses all level of care needs from prevention through crisis (tiered level of care)
6. Is accountable for data driven quality results (individual and aggregate)
7. Efforts to increase capacity and professional development of the workforce across systems
8. Trauma-informed crisis response for children with complex needs and ability to handle and de-escalate behavior
9. Shared organizational system commitment, accountability and integration

The committee began discussion on the characteristics of who would be responsible for the children's system. The committee decided to have an additional meeting in January to continue the discussion and form a recommendation for the legislation session. Senator Mark Segebart said the committee said the committee was welcome to present their recommendations to the human resource committee.

Public Comment

Chaney Yeast said that she appreciates the work of the committee and believes they are on the right track. Chaney encouraged the committee to not recreate the wheel and the group seems to be taking a public health approach to designing a children's system. Chaney encouraged the committee to look at Georgetown's technical assistance packet for assistance. Chaney encouraged the committee to learn from other states. Chaney encouraged the state departments to nurture their relationships. Chaney said it is possible to move forward with language in code and not funding it until the economy turns around

Anna Killpack said we are talking about a public health issue.

Teresa Bomhoff encouraged the committee to look at the Iowa Department of Public Health cover all pieces of health and the children's health system would be in the Department of Public Health. Teresa said moving mental health to the Department of Public Health would be an anti-stigma message.

Lonna Heerten suggested when moving forward the committee include legislation liaisons so the house and the senate are well informed on what's going on and included in the flow of information.

The meeting adjourned at 3:00 pm